

**4J Studios scottishathletics North District Track & Field Championships and
National Outdoor Open**

U13 Girls

U13 Girls 100m (Final)		ws -1.3		
1	Isla Young	Ross County AC	U13G	14.56 PB
2	Chiara Fisher	North Uist AAC	U13G	14.83 PB
3	Lauren MacLean	Inverness Harriers AAC	U13G	14.85
4	Nuala Webb	Orkney AC	U13G	14.96 PB
5	Lucy Beastall	Inverness Harriers AAC	U13G	15.11 PB
6	Roma Robertson	Shetland AAC	U13G	15.15
7	Gemma Forgie	Elgin AAC	U13G	15.21
8	Eva Thompson	Shetland AAC	U13G	15.28
U13 Girls 100m (Heat 1)		ws -0.4		
1	Chiara Fisher	North Uist AAC	U13G	14.66 PB
2	Lauren MacLean	Inverness Harriers AAC	U13G	14.95
3	Eva Thompson	Shetland AAC	U13G	15.19
4	Lucy Beastall	Inverness Harriers AAC	U13G	15.26
5	Annie Ewing	Orkney AC	U13G	15.42
6	Rosie Conroy	Inverness Harriers AAC	U13G	15.91 PB
7	Freya Lonnen	Inverness Harriers AAC	U13G	16.04
8	Isla MacKay	Inverness Harriers AAC	U13G	16.60
U13 Girls 100m (Heat 2)		ws -2.5		
1	Isla Young	Ross County AC	U13G	14.94
2	Nuala Webb	Orkney AC	U13G	15.11 PB
3	Gemma Forgie	Elgin AAC	U13G	15.15
4	Maeve Sandilands	Inverness Harriers AAC	U13G	15.36 PB
5	Sylvie-Mae Slater	Elgin AAC	U13G	15.78 PB
6	Hayley MacFarlane	Stornoway Running & AC	U13G	16.07 PB
7	Thea Still	Inverness Harriers AAC	U13G	16.41
8	Esmee Wilson	Inverness Harriers AAC	U13G	16.48
U13 Girls 100m (Heat 3)		ws -2.6		
1	Roma Robertson	Shetland AAC	U13G	15.27
2	Madison Russell	Orkney AC	U13G	15.28
3	Hollie Cromarty	Orkney AC	U13G	15.57
4	Lily MacIver	North Uist AAC	U13G	15.72
5	Amber Gorman	Inverness Harriers AAC	U13G	16.56
6	Rowan Bain	Elgin AAC	U13G	16.72
7	Marley MacDonald	Stornoway Running & AC	U13G	18.02
U13 Girls 1500m (Final)				
1	Rosie Conroy	Inverness Harriers AAC	U13G	5:54.20
2	Aoibhe Doorley	Inverness Harriers AAC	U13G	6:01.46
3	Rowan Reid	Stornoway Running & AC	U13G	6:08.28
U13 Girls 200m (Final)		ws -3.5		
1	Isla Burns	Inverness Harriers AAC	U13G	30.72
2	Lauren MacLean	Inverness Harriers AAC	U13G	31.43
3	Roma Robertson	Shetland AAC	U13G	31.68
4	Eva Thompson	Shetland AAC	U13G	32.58
5	Isla Young	Ross County AC	U13G	32.77
6	Maeve Sandilands	Inverness Harriers AAC	U13G	32.79
7	Nuala Webb	Orkney AC	U13G	33.04
8	Madison Russell	Orkney AC	U13G	33.53
U13 Girls 200m (Heat 1)		ws -2.1		
1	Isla Burns	Inverness Harriers AAC	U13G	29.95
2	Roma Robertson	Shetland AAC	U13G	31.18
3	Eva Thompson	Shetland AAC	U13G	32.19
4	Hollie Cromarty	Orkney AC	U13G	32.92 PB
5	Thea Still	Inverness Harriers AAC	U13G	34.38
6	Jamie Catherine MacAskill	Stornoway Running & AC	U13G	36.53

**4J Studios scottishathletics North District Track & Field Championships and
National Outdoor Open**

U13 Girls 200m (Heat 2)		ws -0.7		
1	Lauren MacLean	Inverness Harriers AAC	U13G	30.91
2	Isla Young	Ross County AC	U13G	31.32 PB
3	Nuala Webb	Orkney AC	U13G	32.58
4	Sophie MacGruer	Ross County AC	U13G	34.89
5	Sophie Thompson	Ellon AC	U13G	35.91
6	Hannah MacLoed	Inverness Harriers AAC	U13G	36.44 PB
U13 Girls 200m (Heat 3)		ws -0.3		
1	Maeve Sandilands	Inverness Harriers AAC	U13G	32.14
2	Madison Russell	Orkney AC	U13G	32.48 PB
3	Annie Ewing	Orkney AC	U13G	32.85 PB
4	Freya Lonnen	Inverness Harriers AAC	U13G	34.66 PB
5	Olivia Cooper	Inverness Harriers AAC	U13G	34.74
6	Sarah MacLeod	Stornoway Running & AC	U13G	35.31
U13 Girls 70m Hurdles (Final)		ws -0.9		
1	Gemma Forgie	Elgin AAC	U13G	13.04
2	Eilidh Rutherford	Elgin AAC	U13G	13.32
3	Jenna Gage	Elgin AAC	U13G	13.71 PB
4	Annie English	Inverness Harriers AAC	U13G	14.09 PB
5	Hannah McManus	Inverness Harriers AAC	U13G	14.39
6	Rowan Bain	Elgin AAC	U13G	16.30 PB
7	Sophie Thompson	Ellon AC	U13G	16.98
U13 Girls 800m (Final)				
1	Naomi Ferris	Stornoway Running & AC	U13G	2:38.99 PB
2	Lucy Beastall	Inverness Harriers AAC	U13G	2:41.41 PB
3	Sophie Bertram	Inverness Harriers AAC	U13G	2:52.10
4	Isla MacKay	Inverness Harriers AAC	U13G	3:10.78 PB
U13 Girls Discus (0.75kg)				
1	Kirsten McDonald-Small	Ellon AC	U13G	19.46
U13 Girls High Jump				
1	Isla Burns	Inverness Harriers AAC	U13G	1.37 PB
2	Eilidh Rutherford	Elgin AAC	U13G	1.37 PB
3	Annie Gray	Orkney AC	U13G	1.19
4	Naomi Ferris	Stornoway Running & AC	U13G	1.14 PB
5	Rowan Reid	Stornoway Running & AC	U13G	1.04
U13 Girls Javelin (400g)				
1	Holly Gray	Shetland AAC	U13G	18.89 PB
2	Eilidh Rutherford	Elgin AAC	U13G	14.22
3	Olivia Cooper	Inverness Harriers AAC	U13G	12.81 PB
4	Hayley MacFarlane	Stornoway Running & AC	U13G	9.00
5	Naomi Ferris	Stornoway Running & AC	U13G	7.29

**4J Studios scottishathletics North District Track & Field Championships and
National Outdoor Open**

U13 Girls Long Jump

1	Gemma Forgie	Elgin AAC	U13G	4.09	PB
2	Jenna Gage	Elgin AAC	U13G	4.04	PB
3	Maeve Sandilands	Inverness Harriers AAC	U13G	3.88	PB
4	Hannah McManus	Inverness Harriers AAC	U13G	3.84	PB
5	Annie English	Inverness Harriers AAC	U13G	3.81	PB
6	Lauren MacLean	Inverness Harriers AAC	U13G	3.80	PB
7	Hollie Cromarty	Orkney AC	U13G	3.73	PB
8	Winnie Johnston	Shetland AAC	U13G	3.69	PB
9	Freya Lonnen	Inverness Harriers AAC	U13G	3.47	
10	Annie Ewing	Orkney AC	U13G	3.44	PB
11	Roma Robertson	Shetland AAC	U13G	3.44	
12	Sophie Bertram	Inverness Harriers AAC	U13G	3.44	
13	Rowan Bain	Elgin AAC	U13G	3.39	PB
14	Madison Russell	Orkney AC	U13G	3.38	PB
15	Chiara Fisher	North Uist AAC	U13G	3.34	PB
16	Sarah MacLeod	Stornoway Running & AC	U13G	3.22	PB
17	Hayley MacFarlane	Stornoway Running & AC	U13G	3.22	PB
18	Lily MacIver	North Uist AAC	U13G	3.20	PB
19	Annie Gray	Orkney AC	U13G	3.01	
20	Nuala Webb	Orkney AC	U13G	2.88	
21	Eva Thompson	Shetland AAC	U13G	2.79	
22	Sophie Thompson	Ellon AC	U13G	2.78	
23	Jamie Catherine MacAskill	Stornoway Running & AC	U13G	2.35	

U13 Girls Shot Putt (2.72kg)

1	Kirsten McDonald-Small	Ellon AC	U13G	7.67	PB
2	Holly Gray	Shetland AAC	U13G	6.85	PB
3	Lily MacIver	North Uist AAC	U13G	6.38	PB
4	Olivia Cooper	Inverness Harriers AAC	U13G	5.79	PB
5	Jenna Gage	Elgin AAC	U13G	5.66	PB
6	Winnie Johnston	Shetland AAC	U13G	5.00	PB
7	Shaye Isbister	Shetland AAC	U13G	4.85	
8	Lucy Beastall	Inverness Harriers AAC	U13G	4.52	
9	Sophie Bertram	Inverness Harriers AAC	U13G	4.09	PB
10	Rowan Reid	Stornoway Running & AC	U13G	4.00	
11	Isla MacKay	Inverness Harriers AAC	U13G	3.88	PB
12	Jamie Catherine MacAskill	Stornoway Running & AC	U13G	3.18	

**4J Studios scottishathletics North District Track & Field Championships and
National Outdoor Open**

U15 Girls

U15 Girls 100m (Final)		ws -1.0		
1	Holly Whittaker	Elgin AAC	U15G	13.13
2	Lauren Abbott	Elgin AAC	U15G	13.31
3	Abi Coltherd	Orkney AC	U15G	13.61
4	Molly Tulloch	Orkney AC	U15G	13.79
5	Emily McArthur	Orkney AC	U15G	13.88
6	Daisy Quinnell	Shetland AAC	U15G	14.32 PB
7	Lillia Clarke	Elgin AAC	U15G	14.36
8	Rosanna Mustarde	Inverness Harriers AAC	U15G	14.83 PB
U15 Girls 100m (Heat 1)		ws -0.9		
1	Abi Coltherd	Orkney AC	U15G	13.96
2	Emily McArthur	Orkney AC	U15G	14.00
3	Lillia Clarke	Elgin AAC	U15G	14.39
4	Rosanna Mustarde	Inverness Harriers AAC	U15G	14.95
5	Millie Dennison	Orkney AC	U15G	14.96
U15 Girls 100m (Heat 2)		ws -3.6		
1	Holly Whittaker	Elgin AAC	U15G	13.83
2	Daisy Quinnell	Shetland AAC	U15G	14.81 PB
3	Lois MacRae	Inverness Harriers AAC	U15G	15.01
4	Evie Lonnen	Inverness Harriers AAC	U15G	15.08
5	Keira McGroarty	Inverness Harriers AAC	U15G	16.25
U15 Girls 100m (Heat 3)		ws -3.9		
1	Lauren Abbott	Elgin AAC	U15G	13.81
2	Molly Tulloch	Orkney AC	U15G	14.37
3	Anne Smith	Orkney AC	U15G	15.93
4	Mairi MacRitchie	Stornoway Running & AC	U15G	17.04 PB
U15 Girls 1500m (Final)				
1	Abbie Stewart	Stornoway Running & AC	U15G	4:50.26 PB CBP
2	Alexander Whelan	Moray Road Runners	U15G	5:23.30 PB
3	Caitlin Anderson	Shetland AAC	U15G	5:25.56 PB
4	Sky Simpson	Inverness Harriers AAC	U15G	5:42.08 PB
5	Zara MacLeod	Orkney AC	U15G	5:42.57 PB
6	Daisy Hendry	Ross County AC	U15G	5:47.49
7	Katy Wallace	Orkney AC	U15G	6:50.02
U15 Girls 200m (Final)		ws -1.6		
1	Abi Coltherd	Orkney AC	U15G	28.61
2	Lillia Clarke	Elgin AAC	U15G	29.86 PB
3	Ava Hanton	Inverness Harriers AAC	U15G	30.79
4	Rosanna Mustarde	Inverness Harriers AAC	U15G	31.11
5	Evie Lonnen	Inverness Harriers AAC	U15G	31.62
6	Keira McGroarty	Inverness Harriers AAC	U15G	32.06
7	Anne Smith	Orkney AC	U15G	34.05
8	Leah MacRitchie	Stornoway Running & AC	U15G	38.05
U15 Girls 300m (Final)				
1	Lauren Abbott	Elgin AAC	U15G	42.51 PB
2	Molly Tulloch	Orkney AC	U15G	43.28 PB
3	Georgia Antliff	Inverness Harriers AAC	U15G	50.31
U15 Girls 75m Hurdles (Final)		ws -0.4		
1	Holly Whittaker	Elgin AAC	U15G	12.23
2	Lexi Grant	Elgin AAC	U15G	13.25 PB
3	Sky Simpson	Inverness Harriers AAC	U15G	16.22

**4J Studios scottishathletics North District Track & Field Championships and
National Outdoor Open**

U15 Girls 800m (Final)

1	Lois MacRae	Inverness Harriers AAC	U15G	2:24.52	
2	Emily McArthur	Orkney AC	U15G	2:26.77	
3	Jessica Needs	Peterhead AAC	U15G	2:33.71	PB
4	Emily Murray	Stornoway Running & AC	U15G	2:35.16	
5	Abby Harcus	Shetland AAC	U15G	2:43.41	
6	Ailsa MacKinnon	North Uist AAC	U15G	2:44.09	PB
7	Anna MacDonald	North Uist AAC	U15G	2:51.60	
8	Mairi MacRitchie	Stornoway Running & AC	U15G	2:59.39	PB
9	Maya MacAskill	Stornoway Running & AC	U15G	3:03.85	

U15 Girls Hammer (3.00kg)

1	Peace Igbinidu	Inverness Harriers AAC	U15G	41.17	PB	CBP
2	Georgia Antliff	Inverness Harriers AAC	U15G	18.34		

U15 Girls High Jump

1	Millie Dennison	Orkney AC	U15G	1.43	
2	Morgan Taylor	Shetland AAC	U15G	1.28	
3	Maya MacAskill	Stornoway Running & AC	U15G	1.23	
4	Leah MacRitchie	Stornoway Running & AC	U15G	1.03	

U15 Girls Javelin (500g)

1	Lucy Kenyon	Orkney AC	U15G	26.94	PB
2	Rafi Linklater	Orkney AC	U15G	16.84	PB
3	Leah MacRitchie	Stornoway Running & AC	U15G	7.78	

U15 Girls Long Jump

1	Holly Whittaker	Elgin AAC	U15G	5.11	PB	CBP
2	Lexi Grant	Elgin AAC	U15G	4.83	PB	
3	Abi Coltherd	Orkney AC	U15G	4.45		
4	Morgan Taylor	Shetland AAC	U15G	3.85	PB	
5	Jessie Tait	Shetland AAC	U15G	3.83	PB	
6	Abbie Stewart	Stornoway Running & AC	U15G	3.80		
7	Sky Simpson	Inverness Harriers AAC	U15G	3.79		
8	Ailsa MacKinnon	North Uist AAC	U15G	3.73	PB	
9	Keira Blance	Shetland AAC	U15G	3.71		
10	Daisy Hendry	Ross County AC	U15G	3.64		

U15 Girls Shot Putt (3.00kg)

1	Millie Dennison	Orkney AC	U15G	7.70	
2	Jessie Tait	Shetland AAC	U15G	6.51	
3	Mairi MacRitchie	Stornoway Running & AC	U15G	6.17	PB
4	Georgia Antliff	Inverness Harriers AAC	U15G	5.87	PB
5	Lucy Kenyon	Orkney AC	U15G	5.86	PB
6	Maya MacAskill	Stornoway Running & AC	U15G	5.71	
7	Daisy Quinnell	Shetland AAC	U15G	5.34	

U15 Girls Triple Jump

1	Lexi Grant	Elgin AAC	U15G	10.39	PB
---	------------	-----------	------	-------	----

**4J Studios scottishathletics North District Track & Field Championships and
National Outdoor Open**

U17 Women

U17 Women 100m (Final)		ws -1.4		
1	Marvellous Igbinidu	Inverness Harriers AAC	U17W	12.85 PB
2	Eilidh Gray	Inverness Harriers AAC	U17W	13.26
3	Kiera Whittingham	Inverness Harriers AAC	U17W	13.45
4	Lucy Barron	Stornoway Running & AC	U17W	13.67 PB
5	Effie Thomson	Orkney AC	U17W	13.75
6	Lauren Grains	Shetland AAC	U17W	13.97
7	Abbie Taylor	Shetland AAC	U17W	14.01
8	Niamh Scott	Elgin AAC	U17W	14.54
U17 Women 100m (Heat 1)		ws -2.8		
1	Eilidh Gray	Inverness Harriers AAC	U17W	13.74
2	Lucy Barron	Stornoway Running & AC	U17W	13.99
3	Effie Thomson	Orkney AC	U17W	14.01
4	Lauren Grains	Shetland AAC	U17W	14.12
5	Michelle Smith	Stornoway Running & AC	U17W	15.20
U17 Women 100m (Heat 2)		ws -1.1		
1	Marvellous Igbinidu	Inverness Harriers AAC	U17W	13.19
2	Kiera Whittingham	Inverness Harriers AAC	U17W	13.87
3	Abbie Taylor	Shetland AAC	U17W	14.03
4	Niamh Scott	Elgin AAC	U17W	14.86
5	Hannah MacLean	Stornoway Running & AC	U17W	15.16
U17 Women 1500m (Final)				
1	Kirsten Burnett	Inverness Harriers AAC	U17W	5:11.44 PB
2	Joni Smith	North Uist AAC	U17W	5:15.76
3	Emily Bell	Ross County AC	U17W	5:26.62 PB
U17 Women 200m (Final)		ws -1.8		
1	Marvellous Igbinidu	Inverness Harriers AAC	U17W	27.37
2	Eilidh Gray	Inverness Harriers AAC	U17W	28.11
3	Effie Thomson	Orkney AC	U17W	28.22
4	Lucy Barron	Stornoway Running & AC	U17W	28.35 PB
5	Islay Rutter	Inverness Harriers AAC	U17W	30.26
6	Michelle Smith	Stornoway Running & AC	U17W	31.10
7	Hannah MacLean	Stornoway Running & AC	U17W	31.72
8	Megan MacLean	Stornoway Running & AC	U17W	32.65
U17 Women 3000m (Final)				
1	Caitlyn Heggie	Ross County AC	U17W	10:26.95
2	Katie Meek	Inverness Harriers AAC	U17W	10:47.50 PB
3	Francesca Greenstock	Stornoway Running & AC	U17W	13:26.81
U17 Women 300m (Final)				
1	Kiera Whittingham	Inverness Harriers AAC	U17W	44.57
2	Anna Cairns	Inverness Harriers AAC	U17W	45.63 PB
3	Islay Rutter	Inverness Harriers AAC	U17W	46.51
4	Amy MacRitchie	Stornoway Running & AC	U17W	47.02
5	Niamh Scott	Elgin AAC	U17W	47.45
U17 Women 300m Hurdles (Final)				
1	Stroma Fraser	Inverness Harriers AAC	U17W	46.89 PB
2	Emily Bell	Ross County AC	U17W	55.81
U17 Women 800m (Final)				
1	Anna Cairns	Inverness Harriers AAC	U17W	2:27.99
2	Joni Smith	North Uist AAC	U17W	2:31.24
3	Ava Luke	Orkney AC	U17W	2:32.38 PB
4	Emily Bell	Ross County AC	U17W	2:41.01 PB
5	Amy MacRitchie	Stornoway Running & AC	U17W	2:43.61
6	Francesca Greenstock	Stornoway Running & AC	U17W	2:51.46
U17 Women 80m Hurdles (Final)		ws -1.2		
1	Stroma Fraser	Inverness Harriers AAC	U17W	13.35

**4J Studios scottishathletics North District Track & Field Championships and
National Outdoor Open**

U17 Women Discus (1.00kg)

1	Cara Cuthbert	Inverness Harriers AAC	U17W	23.55	PB
---	---------------	------------------------	------	-------	----

U17 Women Hammer (3.00kg)

1	Leona Fernandes	Inverness Harriers AAC	U17W	44.49	PB
---	-----------------	------------------------	------	-------	----

U17 Women Javelin (500g)

1	Leona Fernandes	Inverness Harriers AAC	U17W	28.09	
2	Ruth Anderson	Shetland AAC	U17W	22.90	PB
3	Francesca Greenstock	Stornoway Running & AC	U17W	15.84	PB

U17 Women Long Jump

1	Stroma Fraser	Inverness Harriers AAC	U17W	5.07	
2	Niamh Scott	Elgin AAC	U17W	4.61	
3	Abbie Taylor	Shetland AAC	U17W	4.56	PB
4	Lauren Grains	Shetland AAC	U17W	4.34	
5	Hannah MacLean	Stornoway Running & AC	U17W	4.16	PB
6	Lucy Barron	Stornoway Running & AC	U17W	4.15	
7	Amy MacRitchie	Stornoway Running & AC	U17W	4.01	
8	Megan MacLean	Stornoway Running & AC	U17W	3.98	
9	Cara Cuthbert	Inverness Harriers AAC	U17W	3.72	
10	Michelle Smith	Stornoway Running & AC	U17W	3.20	

U17 Women Triple Jump

1	Abbie Taylor	Shetland AAC	U17W	10.47	PB
---	--------------	--------------	------	-------	----

U20 Women

U20 Women 100m (Final)

1	Abbie Harrison	Inverness Harriers AAC	U20W	13.02	PB
2	Charlotte Hume	Orkney AC	U20W	13.43	
3	Amy Mustarde	Inverness Harriers AAC	U20W	13.69	
4	Megan Dunlop	Central AC	U20W	13.80	
5	Sus MacDonald	Stornoway Running & AC	U20W	15.10	

U20 Women 1500m (Final)

1	Rachel Murray	Stornoway Running & AC	U20W	5:14.25	
---	---------------	------------------------	------	---------	--

U20 Women 200m

ws -1.7

1	Abbie Harrison	Inverness Harriers AAC	U20W	26.92	
2	Charlotte Hume	Orkney AC	U20W	27.83	
3	Ellen McMurdo	Stornoway Running & AC	U20W	29.37	
4	Isla Molly Donaldson	Orkney AC	U20W	30.52	
5	Sus MacDonald	Stornoway Running & AC	U20W	31.41	

U20 Women 400m (Final)

1	Charlotte Hume	Orkney AC	U20W	63.77	
2	Ellen McMurdo	Stornoway Running & AC	U20W	64.83	
3	Megan Dunlop	Central AC	U20W	69.83	

U20 Women 800m (Final)

1	Rachel Murray	Stornoway Running & AC	U20W	2:24.15	
---	---------------	------------------------	------	---------	--

U20 Women Discus (1.00kg)

1	Rebekah Rose	Dundee Hawkhill Harriers	U20W	26.19	
2	Megan Dunlop	Central AC	U20W	16.89	

U20 Women Hammer (4.00kg)

1	Rebekah Rose	Dundee Hawkhill Harriers	U20W	31.28	
---	--------------	--------------------------	------	-------	--

U20 Women High Jump

1	Emma Jones	Elgin AAC	U20W	1.57	
---	------------	-----------	------	------	--

U20 Women Long Jump

1	Millie Flett	Orkney AC	U20W	4.42	
---	--------------	-----------	------	------	--

U20 Women Triple Jump

1	Emma Jones	Elgin AAC	U20W	10.04	
---	------------	-----------	------	-------	--

**4J Studios scottishathletics North District Track & Field Championships and
National Outdoor Open**

Senior Women

Senior Women 100m (Race 1)		ws -2.0		
1	Sian MacDonald	Aberdeen AAC	SW	14.13
Senior Women 100m (Race 2)				
1	Sian MacDonald	Aberdeen AAC	SW	13.72
Senior Women 800m (Final)				
1	Erika Marwick	Orkney AC	SW	2:36.29
Senior Women Discus (1.00kg)				
1	Nicola Cameron McDonald	Ellon AC	SW	20.50
Senior Women Shot Putt (4.00kg)				
1	Nicola Cameron McDonald	Ellon AC	SW	6.61
Senior Women Triple Jump				
1	Loni Wiseman	Shetland AAC	SW	10.21

**4J Studios scottishathletics North District Track & Field Championships and
National Outdoor Open**

U13 Boys

U13 Boys 100m (Final)		ws -0.5		
1	Josh MacDonald	Stornoway Running & AC	U13B	14.84 PB
2	Ted Bosomworth	Elgin AAC	U13B	15.11
3	Harris Morrison	Stornoway Running & AC	U13B	15.15
4	Quentin Fowlie	Elgin AAC	U13B	15.17 PB
5	Dylan MacIver	North Uist AAC	U13B	15.49 PB
6	Cathal Dobbie	North Uist AAC	U13B	15.54
7	Michael Laing	Stornoway Running & AC	U13B	16.49 PB
8	James Hamilton	Orkney AC	U13B	16.63
U13 Boys 100m (Heat 1)		ws -2.2		
1	Ted Bosomworth	Elgin AAC	U13B	15.29
2	Cathal Dobbie	North Uist AAC	U13B	15.48
3	Dylan MacIver	North Uist AAC	U13B	15.63 PB
4	Quentin Fowlie	Elgin AAC	U13B	15.70
5	James Hamilton	Orkney AC	U13B	16.10
6	Michael Laing	Stornoway Running & AC	U13B	16.24 PB
U13 Boys 100m (Heat 2)		ws -1.6		
1	Josh MacDonald	Stornoway Running & AC	U13B	15.61 PB
2	Harris Morrison	Stornoway Running & AC	U13B	15.82
3	Daniel McNeill	Inverness Harriers AAC	U13B	16.83
U13 Boys 1500m (Final)				
1	Owen Mathis-Foote	North Uist AAC	U13B	5:07.33 PB
2	Ruairidh Smith	Stornoway Running & AC	U13B	5:23.10 PB
3	Rowin Schiller	Ross County AC	U13B	5:25.59 PB
U13 Boys 200m (Final)		ws -2.2		
1	Murray Taylor	Inverness Harriers AAC	U13B	29.34
2	Harry MacLeod	Inverness Harriers AAC	U13B	31.64
3	James Anderson	Stornoway Running & AC	U13B	32.13
4	Sam Donaldson	Inverness Harriers AAC	U13B	32.75
5	James Hamilton	Orkney AC	U13B	33.48
6	Craig MacLeod	Stornoway Running & AC	U13B	33.51
7	Max Finnie	Shetland AAC	U13B	34.45
8	James Bain	Stornoway Running & AC	U13B	35.43
U13 Boys 200m (Heat 1)		ws -1.5		
1	Murray Taylor	Inverness Harriers AAC	U13B	29.66
2	James Anderson	Stornoway Running & AC	U13B	31.28
3	Max Finnie	Shetland AAC	U13B	32.64
4	James Hamilton	Orkney AC	U13B	34.07
5	Liam Rice	Stornoway Running & AC	U13B	35.64
U13 Boys 200m (Heat 2)		ws -3.8		
1	Harry MacLeod	Inverness Harriers AAC	U13B	30.65
2	Sam Donaldson	Inverness Harriers AAC	U13B	32.63
3	Craig MacLeod	Stornoway Running & AC	U13B	33.90
4	James Bain	Stornoway Running & AC	U13B	35.16
U13 Boys 75m Hurdles (Final)		ws -0.4		
1	Murray Taylor	Inverness Harriers AAC	U13B	14.57 PB
U13 Boys 800m (Final)				
1	Filip Smedra	Inverness Harriers AAC	U13B	2:42.05
2	Cathal Dobbie	North Uist AAC	U13B	2:45.66
3	Daniel Reid	Stornoway Running & AC	U13B	2:56.15 PB
4	Ruairidh MacPhail	Stornoway Running & AC	U13B	2:58.35 PB
5	Oliver MacIver	Stornoway Running & AC	U13B	3:01.16
6	George Milligan	East Sutherland AC	U13B	3:01.36 PB
U13 Boys Discus (1.00kg)				
1	Harry MacLeod	Inverness Harriers AAC	U13B	13.48 PB

**4J Studios scottishathletics North District Track & Field Championships and
National Outdoor Open**

U13 Boys High Jump

1	James Anderson	Stornoway Running & AC	U13B	1.42	PB
2	Filip Smedra	Inverness Harriers AAC	U13B	1.34	PB
3	Max Finnie	Shetland AAC	U13B	1.19	
4	Josh MacDonald	Stornoway Running & AC	U13B	1.14	
5	Ruairidh Smith	Stornoway Running & AC	U13B	1.09	PB
6	Liam Rice	Stornoway Running & AC	U13B	1.04	

U13 Boys Javelin (400g)

1	Craig MacLeod	Stornoway Running & AC	U13B	13.75	
2	Ruairidh Smith	Stornoway Running & AC	U13B	11.26	PB
3	Ruairidh MacPhail	Stornoway Running & AC	U13B	8.30	
4	Michael Laing	Stornoway Running & AC	U13B	4.30	

U13 Boys Long Jump

1	Murray Taylor	Inverness Harriers AAC	U13B	4.03	
2	Ross Billy Drakeford	Shetland AAC	U13B	3.72	PB
3	Josh MacDonald	Stornoway Running & AC	U13B	3.59	
4	Ted Bosomworth	Elgin AAC	U13B	3.57	
5	Sam Donaldson	Inverness Harriers AAC	U13B	3.57	
6	Cathal Dobbie	North Uist AAC	U13B	3.48	
7	Craig MacLeod	Stornoway Running & AC	U13B	3.48	PB
8	James Hamilton	Orkney AC	U13B	3.31	PB
9	Daniel Reid	Stornoway Running & AC	U13B	3.11	
10	James Bain	Stornoway Running & AC	U13B	3.06	
11	Daniel McNeill	Inverness Harriers AAC	U13B	2.92	
12	Oliver MacIver	Stornoway Running & AC	U13B	2.86	
13	Ruairidh MacPhail	Stornoway Running & AC	U13B	2.70	
14	Michael Laing	Stornoway Running & AC	U13B	2.31	

U13 Boys Shot Putt (3.00kg)

1	Harry MacLeod	Inverness Harriers AAC	U13B	7.32	PB
2	Harris Morrison	Stornoway Running & AC	U13B	7.03	
3	Ross Billy Drakeford	Shetland AAC	U13B	5.83	PB
4	Oliver MacIver	Stornoway Running & AC	U13B	5.08	
5	Quentin Fowlie	Elgin AAC	U13B	4.94	
6	James Anderson	Stornoway Running & AC	U13B	4.77	
7	Daniel Reid	Stornoway Running & AC	U13B	4.15	
8	James Bain	Stornoway Running & AC	U13B	3.80	
9	Liam Rice	Stornoway Running & AC	U13B	3.78	

**4J Studios scottishathletics North District Track & Field Championships and
National Outdoor Open**

U15 Boys

U15 Boys 100m (Final)		ws -1.4		
1	Lucas Davidson	Inverness Harriers AAC	U15B	12.65 PB
2	Ewan Amos	Stornoway Running & AC	U15B	13.43 PB
3	Jack Baronet	Shetland AAC	U15B	13.44
4	Lewis Williamson	Shetland AAC	U15B	13.59
5	Liam MacFarlane	Stornoway Running & AC	U15B	13.64
6	Stuart MacKay	Stornoway Running & AC	U15B	13.89 PB
7	Joshua Beckett	Lochaber AC	U15B	14.21 PB
U15 Boys 100m (Heat 1)		ws -1.9		
1	Jack Baronet	Shetland AAC	U15B	13.55
2	Lewis Williamson	Shetland AAC	U15B	13.76
3	Liam MacFarlane	Stornoway Running & AC	U15B	13.79
4	Joshua Beckett	Lochaber AC	U15B	14.17 PB
5	George Ross	Ross County AC	U15B	14.37
6	Samuel Scott	Stornoway Running & AC	U15B	14.65
U15 Boys 100m (Heat 2)		ws -2.4		
1	Lucas Davidson	Inverness Harriers AAC	U15B	13.00
2	Ewan Amos	Stornoway Running & AC	U15B	13.77
3	Stuart MacKay	Stornoway Running & AC	U15B	14.01 PB
4	Archie Smith	Elgin AAC	U15B	14.17
U15 Boys 1500m (Final)				
1	Andrew Baird	Ross County AC	U15B	4:28.61
2	Calum Duffy	Ross County AC	U15B	5:02.71
3	Hector Neally	Stornoway Running & AC	U15B	5:03.85 PB
4	Cameron Black	Shetland AAC	U15B	5:16.58 PB
5	Calum Beaton	North Uist AAC	U15B	5:20.09
6	Jake Crossan	Shetland AAC	U15B	5:24.45 PB
7	Andrew MacAskill	Stornoway Running & AC	U15B	5:31.44
U15 Boys 200m (Final)		ws -1.0		
1	Lucas Davidson	Inverness Harriers AAC	U15B	25.67
2	Jacob Adjei	Inverness Harriers AAC	U15B	26.10
3	Liam MacFarlane	Stornoway Running & AC	U15B	27.54 PB
4	Jack Baronet	Shetland AAC	U15B	27.57 PB
5	George Ross	Ross County AC	U15B	27.66
6	Lewis Williamson	Shetland AAC	U15B	27.97
7	Joshua Beckett	Lochaber AC	U15B	28.96 PB
8	Jamie MacGruer	Ross County AC	U15B	29.34
U15 Boys 200m (Heat 1)		ws -1.9		
1	Lucas Davidson	Inverness Harriers AAC	U15B	25.93
2	Jack Baronet	Shetland AAC	U15B	27.18 PB
3	Lewis Williamson	Shetland AAC	U15B	27.71
4	Jamie MacGruer	Ross County AC	U15B	28.69 PB
5	Rupesh Shrestha	Stornoway Running & AC	U15B	30.32 PB
U15 Boys 200m (Heat 2)				
1	Jacob Adjei	Inverness Harriers AAC	U15B	25.99 PB
2	George Ross	Ross County AC	U15B	27.44
3	Liam MacFarlane	Stornoway Running & AC	U15B	27.54 PB
4	Joshua Beckett	Lochaber AC	U15B	28.25 PB
5	Samuel Scott	Stornoway Running & AC	U15B	30.32 PB
U15 Boys 300m (Final)				
1	Ruaridh MacKenzie-Copp	Elgin AAC	U15B	43.09 PB

**4J Studios scottishathletics North District Track & Field Championships and
National Outdoor Open**

U15 Boys 800m (Final)

1	Stuart MacKay	Stornoway Running & AC	U15B	2:24.01	PB
2	Alisher Abuladze	Shetland AAC	U15B	2:27.76	PB
3	Fraser Imlack	Inverness Harriers AAC	U15B	2:29.76	PB
4	Lewis Black	Shetland AAC	U15B	2:31.66	PB
5	Euan Campbell Flett	Stornoway Running & AC	U15B	2:32.42	
6	Kenneth Stewart	Stornoway Running & AC	U15B	2:36.30	PB
7	Calum Beaton	North Uist AAC	U15B	2:37.77	PB
8	Ben Dyer	Stornoway Running & AC	U15B	2:51.75	PB
9	John MacDonald	Stornoway Running & AC	U15B	2:55.78	PB
10	Ruairidh Cowan	Stornoway Running & AC	U15B	3:03.27	PB

U15 Boys 80m Hurdles (Final)

ws -1.2

1	Angus Davies	Lochaber AC	U15B	17.28	
---	--------------	-------------	------	-------	--

U15 Boys Discus (1.25kg)

1	Kai Bertram	Inverness Harriers AAC	U15B	27.63	PB
---	-------------	------------------------	------	-------	----

U15 Boys High Jump

1	Ryan Drakeford	Shetland AAC	U15B	1.48	PB
2	Ewan Amos	Stornoway Running & AC	U15B	1.43	
3	Kenneth Stewart	Stornoway Running & AC	U15B	1.38	PB
4	Hector Neally	Stornoway Running & AC	U15B	1.28	PB
5	Angus Davies	Lochaber AC	U15B	1.23	
6	= Liam MacFarlane	Stornoway Running & AC	U15B	1.18	
6	= Ben Dyer	Stornoway Running & AC	U15B	1.18	
8	John MacDonald	Stornoway Running & AC	U15B	1.13	PB

U15 Boys Javelin (600g)

1	Alexander Christie	Shetland AAC	U15B	27.69	PB
2	Isaiah Christie	Shetland AAC	U15B	25.18	PB
3	Stuart MacKay	Stornoway Running & AC	U15B	19.41	PB

U15 Boys Long Jump

1	Ewan Amos	Stornoway Running & AC	U15B	5.28	PB
2	Alisher Abuladze	Shetland AAC	U15B	5.06	PB
3	Archie Smith	Elgin AAC	U15B	4.44	
4	Ryan Drakeford	Shetland AAC	U15B	4.39	PB
5	Fraser Imlack	Inverness Harriers AAC	U15B	4.37	
6	Samuel Scott	Stornoway Running & AC	U15B	4.32	PB
7	Daniel Finnigan	Inverness Harriers AAC	U15B	4.27	PB
8	Angus Davies	Lochaber AC	U15B	4.23	PB
9	Max Smith	Shetland AAC	U15B	4.12	PB
10	Callum Morrison	Shetland AAC	U15B	4.11	
11	Ruaridh MacKenzie-Copp	Elgin AAC	U15B	3.81	
12	Joshua Beckett	Lochaber AC	U15B	3.62	PB
13	John MacDonald	Stornoway Running & AC	U15B	2.89	
14	Ruairidh Cowan	Stornoway Running & AC	U15B	2.39	

U15 Boys Shot Putt (4.00kg)

1	Kai Bertram	Inverness Harriers AAC	U15B	8.30	PB
2	Euan Campbell Flett	Stornoway Running & AC	U15B	7.45	PB
3	Daniel Finnigan	Inverness Harriers AAC	U15B	7.11	PB
4	Alexander Christie	Shetland AAC	U15B	6.46	
5	Isaiah Christie	Shetland AAC	U15B	5.83	
6	Calum Beaton	North Uist AAC	U15B	5.37	
7	Rupesh Shrestha	Stornoway Running & AC	U15B	5.15	

U15 Boys Triple Jump

1	Max Smith	Shetland AAC	U15B	8.90	PB
---	-----------	--------------	------	------	----

**4J Studios scottishathletics North District Track & Field Championships and
National Outdoor Open**

U17 Men

U17 Men 100m (Final)		ws -2.2			
1	Zak Fearn	Inverness Harriers AAC	U17M	11.80	PB
2	Ryan Curran	Nairn AAAC	U17M	12.31	
3	Thomas Brennan	North Uist AAC	U17M	12.47	
4	Brogan Russell	Orkney AC	U17M	12.88	
5	Max Linklater	Orkney AC	U17M	13.28	PB
6	Iain MacDonald	North Uist AAC	U17M	13.55	PB
U17 Men 100m Hurdles (Final)		ws -2.6			
1	Tom Palmer	Elgin AAC	U17M	15.54	
U17 Men 1500m (Final)					
1	Lachlan Buchanan	Inverness Harriers AAC	U17M	4:09.81	CBP
2	Roy Taylor	Elgin AAC	U17M	4:17.58	PB
3	Alistair MacKenzie	Orkney AC	U17M	4:23.77	PB
4	Alistair Young	Ross County AC	U17M	4:31.50	PB
5	Caleb MacLeod	Inverness Harriers AAC	U17M	4:32.43	PB
U17 Men 200m (Final)		ws -5.1			
1	Ryan Curran	Nairn AAAC	U17M	24.93	
2	Thomas Brennan	North Uist AAC	U17M	25.67	
3	Finlay MacLeod	Stornoway Running & AC	U17M	26.26	PB
4	Iain MacDonald	North Uist AAC	U17M	27.75	PB
U17 Men 3000m (Final)					
1	Charlie Morrison	Stornoway Running & AC	U17M	11:21.02	
U17 Men 400m (Final)					
1	Iain Matheson	Stornoway Running & AC	U17M	55.59	
2	Finlay MacLeod	Stornoway Running & AC	U17M	56.43	
3	Brogan Russell	Orkney AC	U17M	56.73	PB
4	Lachlan MacBeth	Inverness Harriers AAC	U17M	56.95	
5	Tom Palmer	Elgin AAC	U17M	58.37	
U17 Men 400m Hurdles (Final)					
1	Tom Palmer	Elgin AAC	U17M	63.69	
U17 Men 800m (Final)					
1	Lachlan Buchanan	Inverness Harriers AAC	U17M	2:00.41	
2	Roy Taylor	Elgin AAC	U17M	2:00.91	PB
3	Ewan Foubister	Orkney AC	U17M	2:11.01	
4	Alistair Young	Ross County AC	U17M	2:12.79	
5	Iain Matheson	Stornoway Running & AC	U17M	2:18.39	
6	Caleb MacLeod	Inverness Harriers AAC	U17M	2:21.04	
7	Charlie Morrison	Stornoway Running & AC	U17M	2:26.46	
U17 Men Discus (1.5kg)					
1	Graeme Small	Ellon AC	U17M	30.26	PB
U17 Men Hammer (5.00kg)					
1	Rory Stainsby	Inverness Harriers AAC	U17M	43.38	
2	Sean Radabaugh	Inverness Harriers AAC	U17M	40.70	
U17 Men High Jump					
1	Max Linklater	Orkney AC	U17M	1.57	
U17 Men Javelin (700g)					
1	Zak Fearn	Inverness Harriers AAC	U17M	50.33	PB
2	Jamie Sutherland	Orkney AC	U17M	35.28	
3	Stuart Robertson	Inverness Harriers AAC	U17M	26.48	
U17 Men Long Jump					
1	Zak Fearn	Inverness Harriers AAC	U17M	5.77	
2	Max Linklater	Orkney AC	U17M	5.39	PB
3	Thomas Brennan	North Uist AAC	U17M	5.13	
4	Brogan Russell	Orkney AC	U17M	5.05	
5	Lachlan MacBeth	Inverness Harriers AAC	U17M	4.87	
6	Iain MacDonald	North Uist AAC	U17M	4.40	PB

**4J Studios scottishathletics North District Track & Field Championships and
National Outdoor Open**

U17 Men Shot Putt (5.00kg)

1	William MacDonald	Orkney AC	U17M	10.59
2	Graeme Small	Ellon AC	U17M	10.55 PB
3	Sean Radabaugh	Inverness Harriers AAC	U17M	10.15 PB

U17 Men Triple Jump

1	Lachlan MacBeth	Inverness Harriers AAC	U17M	11.49
---	-----------------	------------------------	------	-------

U20 Men

U20 Men 100m (Final)

ws -1.8

1	Robin Snedden	Inverness Harriers AAC	U20M	11.56
2	Liam Daly	Inverness Harriers AAC	U20M	11.71
3	Kyle Wilkinson	Elgin AAC	U20M	11.74
4	Alexander Scott	Orkney AC	U20M	11.84
5	Aaron Kerr	Inverness Harriers AAC	U20M	11.94
6	Logan Harcus	Orkney AC	U20M	13.10

U20 Men 1500m (Final)

1	Duncan MacDonald	Aberdeen AAC	U20M	4:34.17 PB
---	------------------	--------------	------	------------

U20 Men 200m

ws -3.0

1	Robin Snedden	Inverness Harriers AAC	U20M	23.58
2	Alexander Scott	Orkney AC	U20M	24.38
3	Liam Daly	Inverness Harriers AAC	U20M	24.70
4	Logan Harcus	Orkney AC	U20M	27.02

U20 Men 5000m (Final)

1	Samuel Griffin	Aberdeen AAC	U20M	15:39.18
---	----------------	--------------	------	----------

U20 Men Discus (1.75kg)

1	David Rose	Dundee Hawkhill Harriers	U20M	26.15 PB
---	------------	--------------------------	------	----------

U20 Men Hammer (6.00kg)

1	Gabriel McFarlane	Elgin AAC	U20M	48.78
2	Craig MacLennan	Inverness Harriers AAC	U20M	38.40 PB
3	David Rose	Dundee Hawkhill Harriers	U20M	33.09 PB

U20 Men Long Jump

1	Kyle Wilkinson	Elgin AAC	U20M	6.16
---	----------------	-----------	------	------

U20 Men Triple Jump

1	Aaron Kerr	Inverness Harriers AAC	U20M	11.43
---	------------	------------------------	------	-------

**4J Studios scottishathletics North District Track & Field Championships and
National Outdoor Open**

Senior Men

Senior Men 100m (Race 1)		ws -2.0		
1	Stuart Bain	Shetland AAC	SM	12.21
Senior Men 1500m (Final)				
1	Max Abernethy	Fraserburgh RC	SM	4:07.92
2	Finlay MacLennan	Inverness Harriers AAC	SM	4:33.50
Senior Men 400m Hurdles (Final)				
1	Kevin Morice	Moray Road Runners	SM	77.46
Senior Men 5000m (Final)				
1	Lachlan Oates	Shettleston Harriers	SM	15:00.39
2	Fearghas Thomson	Aberdeen AAC	SM	16:13.98
3	Stuart Gibson	Cambuslang Harriers	SM	16:31.64
4	Jonny MacLeod	Inverness Harriers AAC	SM	17:16.14 PB
5	Kevin Morice	Moray Road Runners	SM	19:00.88 PB
Senior Men 800m (Final)				
1	Finlay MacLennan	Inverness Harriers AAC	SM	2:17.51
Senior Men Discus (2.00kg)				
1	Alexander MacKay	Inverness Harriers AAC	SM	40.78 PB
2	Eddie McKenzie	Aberdeen AAC	SM	31.64 PB
Senior Men Hammer (7.26kg)				
1	Eddie McKenzie	Aberdeen AAC	SM	23.64
Senior Men Javelin (800g)				
1	Eddie McKenzie	Aberdeen AAC	SM	27.90
Senior Men Long Jump				
1	Stuart Bain	Shetland AAC	SM	6.45
Senior Men Shot Putt (7.26kg)				
1	Connor McDonald	Shetland AAC	SM	12.98
2	Alexander MacKay	Inverness Harriers AAC	SM	11.53